

SPEEDILETS. OLDER PEOPLE AND SOCIETY. TRANSCRIPT

In what ways can society benefit from the contribution that older people make?

Share knowledge: Seniors have a wealth of knowledge and lived experience, making them valuable mentors and teachers.

Caregiving: Seniors are most likely to provide care for a spouse or partner, followed by caring for a friend, neighbour or colleague, a parent or another family member.

VOCABULARY

contribution (noun) - an action or a service that helps to cause or increase something, usually (but not necessarily) something good or valuable

mentor (noun) - an experienced person who advises and helps somebody with less experience over a period of time

senior (adjective) - older people, especially those who have retired from work

spouse (noun) - a husband or wife

valuable (adjective) - worth a lot of money