

## MASTER IELTS VOCAB FOOD. TRANSCRIPT

*Describe a food item you enjoy cooking.*

*What is the food?*

*Why do you like it?*

*How do you cook it?*

*Also explain if you think home cooking is important.*

I'm quite a foodie, so there are lots of things I like to cook with. In my opinion, breakfast is the most important meal of the day. For that reason, I'd say you can't beat a simple egg. If I had chance, I'd eat them every day, In fact, I almost do! They have to be the most versatile ingredient around. To me, it doesn't matter whether they're poached, fried, boiled or scrambled. I love them always!

As I said before, I'm very much into foods, though I probably like eating them more than I do cooking. I think since I was a student I grew fond of cooking eggs. They're inexpensive, quick and easily turned into a delicious meal. I saw a chef once say, if you can't cook an egg the right way, you won't work in my kitchen. Making an omelette is quite an art form. I'd say I'm getting pretty good at it!

Other than omelettes, I also like poached egg with fish. That takes a bit more time and skill. Honestly, I often mess that up! I do believe home cooking is a good skill to have. It can really save money and also is nice when friends or family come to visit. With busy, modern day lifestyles, I'm not sure it's still that popular though.

*Describe your favourite food.*

*What is your favourite food?*

*What is it made from?*

*Where do you usually eat it?*

*Also explain when you first ate it.*

For me, this was a pretty easy decision. Without a doubt, my favourite food has always been pasta. As I'm from Italy, it's something that I've always enjoyed eating, and as I grew older I learnt to make it, too. Pasta is something that's really flexible, and can be eaten in many different ways. My favourite type is probably Gnocchi as I love the texture and chewiness.

Pasta always reminds me of my childhood and spending time with my family, especially my mother. In the summer she would make fresh pasta in the kitchen, the smell was incredible. I can remember it almost like I was there! So whenever I cook pasta now I think of my family. Which is nice because I live far away from home these days. I suppose it's quite sentimental.

For me I like to boil it for a short time. This keep the pasta a bit harder and gives more texture. I usually prefer creamier sauces with white fish or seafood. That's how we eat it in my hometown. As I said, I first ate pasta when I was a child. I've been eating it almost every week since then. I'm not sure what I would do without it!

## **VOCABULARY**

boiled (verb) - cooked in water at a high temperature

chef (noun) - a person who cooks food professionally

chewiness (noun) - how tough or soft something is to chew

creamier (adjective) - smoother and softer, like cream

flexible (adjective) - able to bend or change easily

foodie (noun) - someone who loves food and enjoys trying different kinds

fried (verb) - cooked in hot oil or fat

inexpensive (adjective) - not costing a lot of money

omelette (noun) - a dish made from beaten eggs cooked in a pan

poach (verb) - to cook gently in water just below boiling

sauce (noun) - a liquid or semi-liquid added to food to give flavour

scrambled (verb) - eggs mixed together and cooked until soft

sentimental (adjective) - having feelings of nostalgia or tenderness

texture (noun) - how something feels when you touch or eat it

versatile (adjective) - able to be used in many different ways