

IELTS ENGLISH PODCAST. ADVENTURE. TRANSCRIPT

Part 1. Do You Enjoy Adventure Activities?

Yes, I do enjoy adventure activities, but it depends on what type of activities. Nowadays I'm a little uncomfortable with heights, so some of the activities I used to enjoy have become difficult for me, such as mountaineering. It is something I want to get over. So that's one of my targets or New Year's resolutions is to overcome my fear of heights.

Part 1. What Is The Most Adventurous Thing You Have Ever Done?

Wow. I mean, I guess the most adventurous thing I've ever done would be it could be related to mountaineering, but I'm going to say my trip to Australia because it was very unplanned and it was dangerous, but in the end it turned out to be a wonderful holiday.

Part 2. Describe An Adventure You Had.

I'd like to tell you about my trip (holiday) to Australia. I went to Australia in 2009 and I it was the end of, a period of work that I wasn't enjoying, so it was quite spontaneous that I decided to go to Australia quickly, no plans, and I was going to stay there for a whole year. At the time, I had done a lot of research on Australia and I thought that it was a good place to work and be able to earn my money and continue traveling. It was going to be expensive, and, I thought that perhaps I would have the courage to do that. It would be difficult, but I thought perhaps I have the courage to do that. So let me tell you a little more about my trip to Australia. Australia is probably famous for the outback, so I was quite interested in perhaps learning bushcraft and, you know, finding your way, navigating the countryside, in this case, the dangerous bush, which people often talk about when talking about Australia.

So, you know, I started in Sydney, but very quickly moved into the Blue Mountains and I saw snakes and spiders and all these awful, dangerous things, but it really helped me. It helped me overcome my fear of spiders. For example. So for me personally, this experience was really important, I would say pivotal in my life because it allowed me to overcome a number of fears. It made me realize what I'm capable of and it really tested me. This whole one year in Australia And it also, of course, gave me a number of exciting experiences.

VOCABULARY

activities (noun) - Fun things to do.

awful (adjective) - Very bad or unpleasant.

bushcraft (noun) - Skills to survive in nature.

courage (noun) - Being brave, even when scared.

fears (noun) - Things that make you feel scared.

heights (noun) - Tall places or how high something is.

mountaineering (noun) - Climbing mountains.

nowadays (adverb) - In the present time; today.

outback (noun) - Wild, faraway places in Australia.

pivotal (adjective) - Very important and changing things.

resolutions (noun) - Promises to yourself to do something.

spontaneous (adjective) - Happening suddenly without planning.

targets (noun) - Goals you want to reach.

unplanned (adjective) - Not decided before; done without thinking ahead.