

HABLA MANANA. DAILY ROUTINE. TRANSCRIPT

I wake up at 8 o'clock in the morning. I do yoga first and then take a quick shower. After, I make breakfast. Usually, I have an avocado toast and a coffee with milk.

At 9 o'clock I take a bus to go to the center. I start working at half-past nine and I finish working at 2 p.m. For lunch, I usually go to the cafeteria and order a Spanish omelette and a salad. Sometimes I go to an Italian restaurant to eat some pizza.

At half-past three, I take a bicycle and go to university. Right now I am earning a Master's Degree in English Studies. I have classes from 4 to 8 o'clock in the evening.

After classes, I go to the gym or go out with my friends.

Before going to bed, I read a book or watch an episode of my favourite series.

Right now, I am reading Little Prince to improve my French.

Oh, it's so late. Actually, I have to go to bed. I fall asleep at midnight.

VOCABULARY

avocado (noun) - a tropical fruit with hard, dark green skin and a soft, light green inside part that does not taste sweet and contains a large seed

episode (noun) - one part of a story that is broadcast on television or radio in several parts

master's degree (noun) - a further university degree that you study for after a first degree

omelette (noun) - a hot dish of eggs mixed together and fried, often with cheese, meat, vegetables, etc. added

series (noun) - a set of television or radio programmes or podcasts that deal with the same subject or that have the same characters

toast (noun) - slices of bread that have been made brown and dry by heating them on both sides in a toaster or under a grill

yoga (noun) - a system of exercises for your body and for controlling your breathing, used by people who want to become fitter or to relax