

(课程名称) 教 案

任课教师	<u> M B Mehdi </u>
教学单位	<u> IELTS Speaking 1 </u>
授课对象	<u> 251-b, 252-b, 253-a, 253-b, 254-b </u>
授课总学时	<u> 160 </u>
参考教材	<u> Various videos, PPTs, transcripts </u>

年 月 日
15 & 16 September 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Hobbies. Part 1
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
	教学流程、教学内容与教学方法设计	时间分配和教学手段
Step 1	Videos Play Top.Notch.TV.1.Unit.1.Introduce.Me.Scene.01 Play Top.Notch.TV.1.Unit.1.Introduce.Me.Scene.02	Students watch the videos.
Step 2	Role Play	In pairs, students role play selected dialogue from the video.
Step 3	Interactive Quiz	Nominated students answer the CCQs.
Step 4	Vocabulary Quiz	Students match the pictures with the words.
Step 5	True or False	Students determine whether the statements about the video are true or false.

<p>Step 6</p>	<p>Video</p> <p>Play ielts.english.podcast.lifestyle.and.leisure</p> <p>Share dialogue in WeChat group</p>	<p>Students watch the video.</p>
<p>Step 7</p>	<p>Review</p> <p>Highlight key vocabulary, adjectives, idioms and phrasal verbs.</p>	<p>Students review key points from the video.</p>
<p>Step 8</p>	<p>IELTS Speaking Exam. Hobbies. Part 1</p> <p>What are you main hobbies?</p> <p>Do you prefer indoor or outdoor hobbies?</p> <p>Are there any hobbies you'd like to try in the future?</p>	<p>Students have 10 minutes in which to prepare their answers. Answers will be graded poor/good/very good.</p>
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
18 & 19 September 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Hobbies. Part 2
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
	教学流程、教学内容与教学方法设计	时间分配和教学手段
Step 1	Videos Play Top.Notch.TV.1.Unit.2.There's.A.Great.Movie.Scene.01 Play Top.Notch.TV.1.Unit.2.There's.A.Great.Movie.Scene.02	Students watch the videos.
Step 2	Role Play	In pairs, students role play selected dialogue from the video.
Step 3	Interactive Quiz	Nominated students answer the CCQs.
Step 4	Vocabulary Quiz	Students match the pictures with the words.
Step 5	True or False	Students determine whether the statements about the video are true or false.

<p>Step 6</p>	<p>Video</p> <p>Play oxford.online.english.hobbies</p> <p>Share dialogue in WeChat group</p>	<p>Students watch the video.</p>
<p>Step 7</p>	<p>Review</p> <p>Highlight key vocabulary, adjectives, idioms and phrasal verbs.</p>	<p>Students review key points from the video.</p>
<p>Step 8</p>	<p>IELTS Speaking Exam. Hobbies. Part 2</p> <p>Describe a hobby you enjoy doing in your free time.</p> <p>You should say:</p> <p>what the hobby is</p> <p>how long you have been doing it</p> <p>and why you enjoy it.</p>	<p>Students have 10 minutes in which to prepare their answers. Answers will be graded poor/good/very good.</p>
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
22 & 23 September 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Youth. Part 1
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
	教学流程、教学内容与教学方法设计	时间分配和教学手段
Step 1	Videos Play Top.Notch.TV.1.Unit.3.My.Family.Is.Coming.Scene.01 Play Top.Notch.TV.1.Unit.3.My.Family.Is.Coming.Scene.02	Students watch the videos.
Step 2	Role Play	In pairs, students role play selected dialogue from the video.
Step 3	Interactive Quiz	Nominated students answer the CCQs.
Step 4	Vocabulary Quiz	Students match the pictures with the words.
Step 5	True or False	Students determine whether the statements about the video are true or false.

<p>Step 6</p>	<p>Video</p> <p>Play ielts.english.podcast.childhood</p> <p>Share dialogue in WeChat group</p>	<p>Students watch the video.</p>
<p>Step 7</p>	<p>Review</p> <p>Highlight key vocabulary, adjectives, idioms and phrasal verbs.</p>	<p>Students review key points from the video.</p>
<p>Step 8</p>	<p>IELTS Speaking Exam. Youth. Part 1</p> <p>What kind of games did you like to play when you were a child?</p> <p>Who took care of you when you were a child?</p> <p>How have you changed since your childhood?</p>	<p>Students have 10 minutes in which to prepare their answers. Answers will be graded poor/good/very good.</p>
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
25 & 26 September 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Youth. Part 2
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
	教学流程、教学内容与教学方法设计	时间分配和教学手段
Step 1	Videos Play Top.Notch.TV.1.Unit.4.Where.Are.The.Tickets.Scene.01 Play Top.Notch.TV.1.Unit.4.Where.Are.The.Tickets.Scene.02	Students watch the video.
Step 2	Role Play	In pairs, students role play selected dialogue from the video.
Step 3	Interactive Quiz	Nominated students answer the CCQs.
Step 4	Vocabulary Quiz	Students match the pictures with the words.
Step 5	True or False	Students determine whether the statements about the video are true or false.

<p>Step 6</p>	<p>Video</p> <p>Play learn.english.with.bob.your.childhood</p> <p>Share dialogue in WeChat group</p>	<p>Students watch the video.</p>
<p>Step 7</p>	<p>Review</p> <p>Highlight key vocabulary, adjectives, idioms and phrasal verbs.</p>	<p>Students review key points from the video.</p>
<p>Step 8</p>	<p>IELTS Speaking Exam. Youth. Part 2</p> <p>Talk about a book or story you enjoyed reading as a child. You should say:</p> <p>What the book or story was</p> <p>What it was about</p> <p>Why you liked it</p>	<p>Students have 10 minutes in which to prepare their answers. Answers will be graded poor/good/very good.</p>
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
9 & 10 October 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Neighbourhood. Part 1
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
	教学流程、教学内容与教学方法设计	时间分配和教学手段
Step 1	Videos Play Top.Notch.TV.1.Unit.5.Whats.In.The.Salad.Scene.01 Play Top.Notch.TV.1.Unit.5.Whats.In.The.Salad.Scene.02	Students watch the video.
Step 2	Role Play	In pairs, students role play selected dialogue from the video.
Step 3	Interactive Quiz	Nominated students answer the CCQs.
Step 4	Vocabulary Quiz	Students match the pictures with the words.
Step 5	True or False	Students determine whether the statements about the video are true or false.

<p>Step 6</p>	<p>Video</p> <p>Play ielts.english.podcast.neighbourhood</p> <p>Share dialogue in WeChat group</p>	<p>Students watch the video.</p>
<p>Step 7</p>	<p>Review</p> <p>Highlight key vocabulary, adjectives, idioms and phrasal verbs.</p>	<p>Students review key points from the video.</p>
<p>Step 8</p>	<p>IELTS Speaking Exam. Neighbourhood. Part 1</p> <p>What do you like the most about your neighbourhood?</p> <p>What kinds of shops or businesses are in your neighbourhood?</p> <p>Has your neighbourhood changed much in recent years?</p>	<p>Students have 10 minutes in which to prepare their answers. Answers will be graded poor/good/very good.</p>
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
13 & 14 October 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Neighbourhood. Part 2
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
	教学流程、教学内容与教学方法设计	时间分配和教学手段
Step 1	Videos Play Top.Notch.TV.1.Unit.6.Im.Getting.In.Shape.Scene.01 Play Top.Notch.TV.1.Unit.6.Im.Getting.In.Shape.Scene.02	Students watch the video.
Step 2	Role Play	In pairs, students role play selected dialogue from the video.
Step 3	Interactive Quiz	Nominated students answer the CCQs.
Step 4	Vocabulary Quiz	Students match the pictures with the words.
Step 5	True or False	Students determine whether the statements about the video are true or false.

<p>Step 6</p>	<p>Video</p> <p>Play ielts.english.podcast.urbanization</p> <p>Share dialogue in WeChat group</p>	<p>Students watch the video.</p>
<p>Step 7</p>	<p>Review</p> <p>Highlight key vocabulary, adjectives, idioms and phrasal verbs.</p>	<p>Students review key points from the video.</p>
<p>Step 8</p>	<p>IELTS Speaking Exam. Neighbourhood. Part 2</p> <p>Describe a change you have seen in your neighbourhood over the years.</p> <p>How has it improved or become worse?</p> <p>What impact has this change had on the people who live there?</p>	<p>Students have 10 minutes in which to prepare their answers. Answers will be graded poor/good/very good.</p>
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
16 & 17 October 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Mental & Physical Health. Part 1
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
	教学流程、教学内容与教学方法设计	时间分配和教学手段
Step 1	Videos Play Top.Notch.TV.1.Unit.7.Which.Dress.Do.You.Like.Scene.01 Play Top.Notch.TV.1.Unit.7.Which.Dress.Do.You.Like.Scene.02	Students watch the video.
Step 2	Role Play	In pairs, students role play selected dialogue from the video.
Step 3	Interactive Quiz	Nominated students answer the CCQs.
Step 4	Vocabulary Quiz	Students match the pictures with the words.
Step 5	True or False	Students determine whether the statements about the video are true or false.

<p>Step 6</p>	<p>Video</p> <p>Play ielts.english.podcast.health</p> <p>Share dialogue in WeChat group</p>	<p>Students watch the video.</p>
<p>Step 7</p>	<p>Review</p> <p>Highlight key vocabulary, adjectives, idioms and phrasal verbs.</p>	<p>Students review key points from the video.</p>
<p>Step 8</p>	<p>IELTS Speaking Exam. Mental & Physical Health. Part 1</p> <p>How do you relax when you feel stressed?</p> <p>Have you ever tried any activities to improve your mental health, like meditation or reading?</p> <p>Do you think people today pay more attention to their health than in the past?</p>	<p>Students have 10 minutes in which to prepare their answers. Answers will be graded poor/good/very good.</p>
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
20 & 21 October 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Mental & Physical Health. Part 2	
教学目标 Improve speaking fluency, pronunciation and grammar.			
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.			
设计思路、学情分析和教学资源等 (选择填写)			
	教学流程、教学内容与教学方法设计		时间分配和教学手段
Step 1	Videos Play Top.Notch.TV.1.Unit.8.How.Was.Your.Vacation.Scene.01 Play Top.Notch.TV.1.Unit.8.How.Was.Your.Vacation.Scene.02		Students watch the video.
Step 2	Role Play		In pairs, students role play selected dialogue from the video.
Step 3	Interactive Quiz		Nominated students answer the CCQs.
Step 4	Vocabulary Quiz		Students match the pictures with the words.
Step 5	True or False		Students determine whether the statements about the video are true or false.

<p>Step 6</p>	<p>Video</p> <p>Play ielts.english.podcast.stress</p> <p>Share dialogue in WeChat group</p>	<p>Students watch the video.</p>
<p>Step 7</p>	<p>Review</p> <p>Highlight key vocabulary, adjectives, idioms and phrasal verbs.</p>	<p>Students review key points from the video.</p>
<p>Step 8</p>	<p>IELTS Speaking Exam. Mental & Physical Health. Part 2</p> <p>Describe a situation that made you feel very stressed. You should say:</p> <p>What the situation was</p> <p>How it affected your mental or physical state</p> <p>What you did to cope with the stress</p>	<p>Students have 10 minutes in which to prepare their answers. Answers will be graded poor/good/very good.</p>
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
23 & 24 October 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Education. Part 1
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
	教学流程、教学内容与教学方法设计	时间分配和教学手段
Step 1	Videos Play Top.Notch.TV.1.Unit.9.Is.That.An.Express.Donkey.Scene.01 Play Top.Notch.TV.1.Unit.9.Is.That.An.Express.Donkey.Scene.02	Students watch the video.
Step 2	Role Play	In pairs, students role play selected dialogue from the video.
Step 3	Interactive Quiz	Nominated students answer the CCQs.
Step 4	Vocabulary Quiz	Students match the pictures with the words.
Step 5	True or False	Students determine whether the statements about the video are true or false.

<p>Step 6</p>	<p>Video</p> <p>Play ielts.english.podcast.education</p> <p>Share dialogue in WeChat group</p>	<p>Students watch the video.</p>
<p>Step 7</p>	<p>Review</p> <p>Highlight key vocabulary, adjectives, idioms and phrasal verbs.</p>	<p>Students review key points from the video.</p>
<p>Step 8</p>	<p>IELTS Speaking Exam. Education. Part 1</p> <p>What subject did you enjoy studying the most in school?</p> <p>What qualities do you think are important for a teacher to have?</p> <p>Do you think it's important to go to university?</p>	<p>Students have 10 minutes in which to prepare their answers. Answers will be graded poor/good/very good.</p>
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
27 & 28 October 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Education. Part 2
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
	教学流程、教学内容与教学方法设计	时间分配和教学手段
Step 1	Videos Play Top.Notch.TV.1.Unit.10.How.Much.Do.You.Want.Scene.01 Play Top.Notch.TV.1.Unit.10.How.Much.Do.You.Want.Scene.02	Students watch the video.
Step 2	Role Play	In pairs, students role play selected dialogue from the video.
Step 3	Interactive Quiz	Nominated students answer the CCQs.
Step 4	Vocabulary Quiz	Students match the pictures with the words.
Step 5	True or False	Students determine whether the statements about the video are true or false.

<p>Step 6</p>	<p>Video</p> <p>Play ielts.english.podcast.skills</p> <p>Play sprouts.the.feynman.technique</p> <p>Share dialogue in WeChat group</p>	<p>Students watch the video.</p>
<p>Step 7</p>	<p>Review</p> <p>Highlight key vocabulary, adjectives, idioms and phrasal verbs used by the exam student.</p>	<p>Students review key points from the video.</p>
<p>Step 8</p>	<p>IELTS Speaking Exam. Education. Part 2</p> <p>Describe a new skill you would like to learn.</p> <p>You should say:</p> <ul style="list-style-type: none"> what the skill is where you would learn it how difficult you think it would be and explain why you would like to learn this skill. 	<p>Students have 10 minutes in which to prepare their answers. All students will answer the exam questions. Answers will be graded poor/good/very good.</p>
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
30 & 31 October 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Travel. Part 1
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
	教学流程、教学内容与教学方法设计	时间分配和教学手段
Step 1	Videos Play Top.Notch.TV.2.Unit.1.Have.We.Met.Before.Scene.01 Play Top.Notch.TV.2.Unit.1.Have.We.Met.Before.Scene.02	Students watch the videos.
Step 2	Role Play	In pairs, students role play selected dialogue from the video.
Step 3	Interactive Quiz	Nominated students answer the CCQs.
Step 4	Vocabulary Quiz	Students match the pictures with the words.
Step 5	True or False	Students determine whether the statements about the video are true or false.

<p>Step 6</p>	<p>Video</p> <p>Play ielts.english.podcast.travel</p> <p>View booking.com, tripadvisor.com, trip.com</p> <p>Share dialogue in WeChat group</p>	<p>Students watch the video.</p>
<p>Step 7</p>	<p>Review</p> <p>Highlight key vocabulary, adjectives, idioms and phrasal verbs used by the exam student.</p>	<p>Students review key points from the video.</p>
<p>Step 8</p>	<p>IELTS Speaking Exam. Travel. Part 1</p> <p>How do you plan your vacations?</p> <p>When you visit new places, what do you like to do?</p> <p>How do you find your way around new places?</p>	<p>Students have 10 minutes in which to prepare their answers. Answers will be graded poor/good/very good.</p>
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
3 & 4 November 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Travel. Part 2
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
	教学流程、教学内容与教学方法设计	时间分配和教学手段
Step 1	Videos Play Top.Notch.TV.2.Unit.2.Have.You.Chosen.A.Movie.Scene.01 Play Top.Notch.TV.2.Unit.2.Have.You.Chosen.A.Movie.Scene.02	Students watch the videos.
Step 2	Role Play	In pairs, students role play selected dialogue from the video.
Step 3	Interactive Quiz	Nominated students answer the CCQs.
Step 4	Vocabulary Quiz	Students match the pictures with the words.
Step 5	True or False	Students determine whether the statements about the video are true or false.

<p>Step 6</p>	<p>Video</p> <p>Play ilelts.online.lessons.dream.holiday</p> <p>Play oxford.online.english.vacations</p> <p>Share dialogue in WeChat group</p>	<p>Students watch the video.</p>
<p>Step 7</p>	<p>Review</p> <p>Highlight key vocabulary, adjectives, idioms and phrasal verbs.</p>	<p>Students review key points from the video.</p>
<p>Step 8</p>	<p>IELTS Speaking Exam. Travel. Part 2</p> <p>Describe a place you visited on vacation.</p> <p>You should say:</p> <p>Where it is</p> <p>When you went there</p> <p>What you did there</p>	<p>Students have 10 minutes in which to prepare their answers. Answers will be graded poor/good/very good.</p>
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
6 & 7 November 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Mock Exams
<p>教学目标</p> <p>Improve speaking fluency, pronunciation and grammar.</p>		
<p>教学重点、难点</p> <p>Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.</p>		
<p>设计思路、学情分析和教学资源等（选择填写）</p>		
	<p>教学流程、教学内容与教学方法设计</p>	<p>时间分配和教学手段</p>
<p>Step 1</p>	<p>IELTS Speaking Exam. Hobbies. Part 1</p> <p>How much time do you usually spend on your hobbies each week?</p> <p>Did you have different hobbies when you were younger?</p> <p>Do you prefer doing hobbies alone or with other people?</p> <p>IELTS Speaking Exam. Youth. Part 1</p> <p>What kind of TV shows or cartoons did you enjoy when you were a child?</p> <p>Did you have a favourite toy or game as a child?</p> <p>What is one thing you miss about your childhood?</p> <p>IELTS Speaking Exam. Neighbourhood. Part 1</p> <p>Do you often talk with your neighbours?</p> <p>Is your neighbourhood a good place for children to grow up?</p> <p>Would you like to live in a different neighbourhood in the future?</p> <p>IELTS Speaking Exam. Mental & Physical Health. Part 1</p> <p>Do you usually get enough sleep?</p> <p>What kind of exercise do you do to stay healthy?</p> <p>How do you motivate yourself to keep healthy habits?</p>	<p>Students choose a cue card at random then answer the questions.</p>

	<p>IELTS Speaking Exam. Education. Part 1</p> <p>Did you prefer studying alone or in groups when you were in school?</p> <p>Which subject did you find most difficult?</p> <p>Do you think education today is very different from the past?</p> <p>IELTS Speaking Exam. Travel. Part 1</p> <p>Do you like travelling by plane, train, or car?</p> <p>Do you prefer to travel alone or with other people?</p> <p>What is the most interesting place you have visited?</p>	
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
10 & 11 November 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Mid-Term Exams	
<p>教学目标</p> <p>Improve speaking fluency, pronunciation and grammar.</p>			
<p>教学重点、难点</p> <p>Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.</p>			
<p>设计思路、学情分析和教学资源等（选择填写）</p>			
	<p>教学流程、教学内容与教学方法设计</p>		<p>时间分配和教学手段</p>
<p>Step 1</p>	<p>IELTS Speaking Exam. Hobbies. Part 1</p> <p>What are your main hobbies?</p> <p>Do you prefer indoor or outdoor hobbies?</p> <p>Are there any hobbies you'd like to try in the future?</p> <p>IELTS Speaking Exam. Youth. Part 1</p> <p>What kind of games did you like to play when you were a child?</p> <p>Who took care of you when you were a child?</p> <p>How have you changed since your childhood?</p> <p>IELTS Speaking Exam. Neighbourhood. Part 1</p> <p>What do you like the most about your neighbourhood?</p> <p>What kinds of shops or businesses are in your neighbourhood?</p> <p>Has your neighbourhood changed much in recent years?</p> <p>IELTS Speaking Exam. Mental & Physical Health. Part 1</p> <p>How do you relax when you feel stressed?</p> <p>Have you ever tried any activities to improve your mental health, like meditation or reading?</p> <p>Do you think people today pay more attention to their health than in the past?</p>		<p>Students choose a cue card at random then answer the questions.</p>

	<p>IELTS Speaking Exam. Education. Part 1</p> <p>What subject did you enjoy studying the most in school?</p> <p>What qualities do you think are important for a teacher to have?</p> <p>Do you think it's important to go to university?</p> <p>IELTS Speaking Exam. Travel. Part 1</p> <p>How do you plan your vacations?</p> <p>When you visit new places, what do you like to do?</p> <p>How do you find your way around new places?</p>	
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
13 & 14 November 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Role Plays
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
Step 1	Working in groups, students will write a role play on one of the three scenarios. The role play should be between 3-4 minutes. Students cannot read off their phones or tablets, but may use cue cards with keywords to help them remember the dialogue. The scenarios are: 1. Hobbies Talk about what you did last week and what your plans are for the weekend. 2. Youth Talk about your primary school. Your best friends, favourite classes and the games you used to play. 3. Travel Plan a summer vacation. Make suggestions as to where to go. Come to an agreement.	
作业与思考题 None		
教学单元小结 (课后完成) None		

年 月 日
17 & 18 November 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Role Plays
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
Step 1	Working in groups, students will write a role play on one of the three scenarios. The role play should be between 3-4 minutes. Students cannot read off their phones or tablets, but may use cue cards with keywords to help them remember the dialogue. The scenarios are: 1. Hobbies Talk about what you did last week and what your plans are for the weekend. 2. Youth Talk about your primary school. Your best friends, favourite classes and the games you used to play. 3. Travel Plan a summer vacation. Make suggestions as to where to go. Come to an agreement.	
作业与思考题 None		
教学单元小结 (课后完成) None		

年 月 日
20 & 21 November 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: People & Relationships. Part 1
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
	教学流程、教学内容与教学方法设计	时间分配和教学手段
Step 1	Videos Play Top.Notch.TV.2.Unit.3.Can.I.Take.A.Message.Scene.01 Play Top.Notch.TV.2.Unit.3.Can.I.Take.A.Message.Scene.02	Students watch the video.
Step 2	Role Play	In pairs, students role play selected dialogue from the video.
Step 3	Interactive Quiz	Nominated students answer the CCQs.
Step 4	Vocabulary Quiz	Students match the pictures with the words.
Step 5	True or False	Students determine whether the statements about the video are true or false.

<p>Step 6</p>	<p>Video</p> <p>Play ielts.english.podcast.friends</p> <p>Share dialogue in WeChat group</p>	<p>Students watch the video.</p>
<p>Step 7</p>	<p>Review</p> <p>Highlight key vocabulary, adjectives, idioms and phrasal verbs used by the exam student.</p>	<p>Students review key points from the video.</p>
<p>Step 8</p>	<p>IELTS Speaking Exam. People & Relationships. Part 1</p> <p>What qualities do you value most in a friend?</p> <p>How has your relationship with your family changed over the years?</p> <p>In what ways are you similar to or different from your best friend?</p>	<p>Students have 10 minutes in which to prepare their answers. All students will answer the exam questions. Answers will be graded poor/good/very good.</p>
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
24 & 25 November 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: People & Relationships. Part 2
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
	教学流程、教学内容与教学方法设计	时间分配和教学手段
Step 1	Videos Play Top.Notch.TV.2.Unit.4.What.Happened.To.You.Scene.01 Play Top.Notch.TV.2.Unit.4.What.Happened.To.You.Scene.02	Students watch the video.
Step 2	Role Play	In pairs, students role play selected dialogue from the video.
Step 3	Interactive Quiz	Nominated students answer the CCQs.
Step 4	Vocabulary Quiz	Students match the pictures with the words.
Step 5	True or False	Students determine whether the statements about the video are true or false.

<p>Step 6</p>	<p>Video</p> <p>Play academicenglish.help.madina</p> <p>Share dialogue in WeChat group</p>	<p>Students watch the video.</p>
<p>Step 7</p>	<p>Review</p> <p>Highlight key vocabulary, adjectives, idioms and phrasal verbs used by the exam student.</p>	<p>Students review key points from the video.</p>
<p>Step 8</p>	<p>IELTS Speaking Exam. People & Relationships. Part 2</p> <p>Describe a person who made a positive impact on you. You should say:</p> <p>who they were</p> <p>what you learned from them</p> <p>and explain how they influenced you.</p>	<p>Students have 10 minutes in which to prepare their answers. All students will answer the exam questions. Answers will be graded poor/good/very good.</p>
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
27 & 28 November 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Daily Routines. Part 1
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
	教学流程、教学内容与教学方法设计	时间分配和教学手段
Step 1	Videos Play Top.Notch.TV.2.Unit.5.How.About.A.Manicure.Scene.01 Play Top.Notch.TV.2.Unit.5.How.About.A.Manicure.Scene.02	Students watch the video.
Step 2	Role Play	In pairs, students role play selected dialogue from the video.
Step 3	Interactive Quiz	Nominated students answer the CCQs.
Step 4	Vocabulary Quiz	Students match the pictures with the words.
Step 5	True or False	Students determine whether the statements about the video are true or false.

<p>Step 6</p>	<p>Video</p> <p>Play ielts.english.podcast.daily.routine</p> <p>Share dialogue in WeChat group</p>	<p>Students watch the video.</p>
<p>Step 7</p>	<p>Review</p> <p>Highlight key vocabulary, adjectives, idioms and phrasal verbs used by the exam student.</p>	<p>Students review key points from the video.</p>
<p>Step 8</p>	<p>IELTS Speaking Exam. Daily Routines. Part 1</p> <p>How do you start your day?</p> <p>What is the busiest part of your day?</p> <p>What part of the day do you like the most?</p>	<p>Students have 10 minutes in which to prepare their answers. All students will answer the exam questions. Answers will be graded poor/good/very good.</p>
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
1 & 2 December 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Daily Routines. Part 2
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
	教学流程、教学内容与教学方法设计	时间分配和教学手段
Step 1	Videos Play Top.Notch.TV.2.Unit.6.Help.Yourself.Scene.01 Play Top.Notch.TV.2.Unit.6.Help.Yourself.Scene.02	Students watch the video.
Step 2	Role Play	In pairs, students role play selected dialogue from the video.
Step 3	Interactive Quiz	Nominated students answer the CCQs.
Step 4	Vocabulary Quiz	Students match the pictures with the words.
Step 5	True or False	Students determine whether the statements about the video are true or false.

<p>Step 6</p>	<p>Video Play habla.manana.daily.routine Share dialogue in WeChat group</p>	<p>Students watch the video.</p>
<p>Step 7</p>	<p>Review Highlight key vocabulary, adjectives, idioms and phrasal verbs used by the exam student.</p>	<p>Students review key points from the video.</p>
<p>Step 8</p>	<p>IELTS Speaking Exam. Daily Routine. Part 2 Describe your daily routine that you enjoy. You should say: What it is Where and when you do it and explain why you enjoy it.</p>	<p>Students have 10 minutes in which to prepare their answers. All students will answer the exam questions. Answers will be graded poor/good/very good.</p>
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
4 & 5 December 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Health & Fitness. Part 1
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
	教学流程、教学内容与教学方法设计	时间分配和教学手段
Step 1	Videos Play Top.Notch.TV.2.Unit.7.What.Do.You.Think.Of.This.Colour.Scene.01 Play Top.Notch.TV.2.Unit.7.What.Do.You.Think.Of.This.Colour.Scene.02	Students watch the videos.
Step 2	Role Play	In pairs, students role play selected dialogue from the videos.
Step 3	Interactive Quiz	Nominated students answer the CCQs.
Step 4	Vocabulary Quiz	Students match the pictures with the words.
Step 5	True or False	Students determine whether the statements about the videos are true or false.

<p>Step 6</p>	<p>Video</p> <p>Play ielts.english.podcast.Health & Fitness</p> <p>Share dialogue in WeChat group</p>	<p>Students watch the video.</p>
<p>Step 7</p>	<p>Review</p> <p>Highlight key vocabulary, adjectives, idioms and phrasal verbs.</p>	<p>Students review key points from the video.</p>
<p>Step 8</p>	<p>IELTS Speaking Exam. Health & Fitness. Part 1</p> <p>Do you think you have a healthy lifestyle?</p> <p>Do you enjoy exercising?</p> <p>Is there any sport or activity you used to do but don't anymore?</p>	<p>Students have 10 minutes in which to prepare their answers. All students will answer the exam questions. Answers will be graded poor/good/very good.</p>
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
8 & 9 December 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Health & Fitness. Part 2
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
	教学流程、教学内容与教学方法设计	时间分配和教学手段
Step 1	Videos Play Top.Notch.TV.2.Unit.8.What.Do.You.Think.Scene.01 Play Top.Notch.TV.2.Unit.8.What.Do.You.Think.Scene.02	Students watch the videos.
Step 2	Role Play	In pairs, students role play selected dialogue from the videos.
Step 3	Interactive Quiz	Nominated students answer the CCQs.
Step 4	Vocabulary Quiz	Students match the pictures with the words.
Step 5	True or False	Students determine whether the statements about the videos are true or false.

<p>Step 6</p>	<p>Video</p> <p>Play loescher.editore.english.healthy.or.unhealthy.lifestyle</p> <p>Share dialogue in WeChat group</p>	<p>Students watch the video.</p>
<p>Step 7</p>	<p>Review</p> <p>Highlight key vocabulary, adjectives, idioms and phrasal verbs.</p>	<p>Students review key points from the video.</p>
<p>Step 8</p>	<p>IELTS Speaking Exam. Health & Fitness. Part 2</p> <p>Describe a fitness goal you have achieved.</p> <p>You should say:</p> <p>What the goal was</p> <p>How you achieved it</p> <p>How you felt afterwards.</p>	<p>Students have 10 minutes in which to prepare their answers. All students will answer the exam questions. Answers will be graded poor/good/very good.</p>
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
11 & 12 December 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Final Mock Exams	
<p>教学目标</p> <p>Improve speaking fluency, pronunciation and grammar.</p>			
<p>教学重点、难点</p> <p>Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.</p>			
<p>设计思路、学情分析和教学资源等 (选择填写)</p>			
	<p>教学流程、教学内容与教学方法设计</p>		<p>时间分配和教学手段</p>
<p>Step 1</p>	<p>Hobbies. Part 1</p> <p>Have your hobbies changed over time?</p> <p>Have you learned a new skill by trying a hobby?</p> <p>Is there a hobby you don't do anymore?</p> <p>Youth. Part 1</p> <p>What things made you happy as a child?</p> <p>What were your favourite toys?</p> <p>Was there a type of food you often asked for as a child?</p> <p>Neighbourhood. Part 1</p> <p>What does every neighbourhood need?</p> <p>Is the place where you live usually busy or quiet?</p> <p>What would you change about your neighbourhood?</p> <p>Mental & Physical Health. Part 1</p> <p>Are you interested in keeping fit?</p> <p>When you're feeling stressed, who do you usually talk to?</p> <p>Is technology good or back for mental health?</p>		<p>Students choose a cue card at random then answer the questions.</p>

	<p>Education. Part 1</p> <p>What was your least favourite subject?</p> <p>What did you think of online teaching during the pandemic?</p> <p>Have you learned any life lessons from school?</p> <p>Travel. Part 1</p> <p>Do you remember your first holiday?</p> <p>What's the best meal you've had on holiday?</p> <p>Which country do you want to see?</p>	
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
15 & 16 December 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Final Mock Exams	
<p>教学目标</p> <p>Improve speaking fluency, pronunciation and grammar.</p>			
<p>教学重点、难点</p> <p>Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.</p>			
<p>设计思路、学情分析和教学资源等（选择填写）</p>			
	<p>教学流程、教学内容与教学方法设计</p>		<p>时间分配和教学手段</p>
<p>Step 1</p>	<p>Hobbies. Part 1</p> <p>Have your hobbies changed over time?</p> <p>Have you learned a new skill by trying a hobby?</p> <p>Is there a hobby you don't do anymore?</p> <p>Youth. Part 1</p> <p>What things made you happy as a child?</p> <p>What were your favourite toys?</p> <p>Was there a type of food you often asked for as a child?</p> <p>Neighbourhood. Part 1</p> <p>What does every neighbourhood need?</p> <p>Is the place where you live usually busy or quiet?</p> <p>What would you change about your neighbourhood?</p> <p>Mental & Physical Health. Part 1</p> <p>Are you interested in keeping fit?</p> <p>When you're feeling stressed, who do you usually talk to?</p> <p>Is technology good or back for mental health?</p>		<p>Students choose a cue card at random then answer the questions.</p>

	<p>Education. Part 1</p> <p>What was your least favourite subject?</p> <p>What did you think of online teaching during the pandemic?</p> <p>Have you learned any life lessons from school?</p> <p>Travel. Part 1</p> <p>Do you remember your first holiday?</p> <p>What's the best meal you've had on holiday?</p> <p>Which country do you want to see?</p>	
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
18 & 19 December 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Final Exams
教学目标 Improve speaking fluency, pronunciation and grammar.		
教学重点、难点 Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.		
设计思路、学情分析和教学资源等 (选择填写)		
	教学流程、教学内容与教学方法设计	时间分配和教学手段
Step 1	Hobbies. Part 1 Did you have the same hobbies when you were younger? Have your hobbies ever helped you learn a new skill? Are there any hobbies you used to enjoy but don't anymore? Youth. Part 1 What was your favourite childhood memory? What was your favourite toy? What was your favourite food as a child? Neighbourhood. Part 1 What's the best thing about living in your neighbourhood? Is your neighbourhood peaceful? How can your neighbourhood be improved? Mental & Physical Health. Part 1 What do you do to stay physically healthy? Have you ever talked to someone about your mental health when feeling down? Do you think technology helps or harms people's mental health?	Students choose a cue card at random then answer the questions.

	<p>Education. Part 1</p> <p>What subject did you find the most difficult at school?</p> <p>Do you think online learning is as effective as in-person learning?</p> <p>What's the most important thing you learned from your teachers?</p> <p>Travel. Part 1</p> <p>What was your best holiday?</p> <p>Which city have you always wanted to travel too?</p> <p>What's your favourite travel app?</p>	
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		

年 月 日
22 & 23 December 2025

大连大学教案

单元总学时: 2

第 章	第 节	题目: Final Exams	
<p>教学目标</p> <p>Improve speaking fluency, pronunciation and grammar.</p>			
<p>教学重点、难点</p> <p>Poor grammar, inability to speak spontaneously, vague answers, fail to mention personal experiences, over reliant on AI.</p>			
<p>设计思路、学情分析和教学资源等（选择填写）</p>			
	<p>教学流程、教学内容与教学方法设计</p>		<p>时间分配和教学手段</p>
<p>Step 1</p>	<p>Hobbies. Part 1</p> <p>Did you have the same hobbies when you were younger?</p> <p>Have your hobbies ever helped you learn a new skill?</p> <p>Are there any hobbies you used to enjoy but don't anymore?</p> <p>Youth. Part 1</p> <p>What was your favourite childhood memory?</p> <p>What was your favourite toy?</p> <p>What was your favourite food as a child?</p> <p>Neighbourhood. Part 1</p> <p>What's the best thing about living in your neighbourhood?</p> <p>Is your neighbourhood peaceful?</p> <p>How can your neighbourhood be improved?</p> <p>Mental & Physical Health. Part 1</p> <p>What do you do to stay physically healthy?</p> <p>Have you ever talked to someone about your mental health when feeling down?</p> <p>Do you think technology helps or harms people's mental health?</p>		<p>Students choose a cue card at random then answer the questions.</p>

	<p>Education. Part 1</p> <p>What subject did you find the most difficult at school?</p> <p>Do you think online learning is as effective as in-person learning?</p> <p>What's the most important thing you learned from your teachers?</p> <p>Travel. Part 1</p> <p>What was your best holiday?</p> <p>Which city have you always wanted to travel too?</p> <p>What's your favourite travel app?</p>	
<p>作业与思考题</p> <p>None</p>		
<p>教学单元小结（课后完成）</p> <p>None</p>		